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## **Analytical study of water conservation and its use in the light of Sirat al-Nabi(PBUH)**

**Dr. Sadia Noreen**

Lecturer, Department of Islamic studies, the government Sadiq college women university,  
Bahawalpur

**Dr. Mufti. Hafiz Ali Nawaz**

PhD, Department of Islamic studies, University of Faisalabad, Faisalabad  
mudassaraarbi@gmail.com

**Dr. Masood Ahmad**

Assistant professor, Arabic department, Minhaj University, Lahore

**Dr. Anwarullah**

Lecturer, Faculty of Social Sciences, Department of Islamic studies,  
University of Okara, Okara

**Nadia shaheen**

Mphil scholar, Department of Islamic studies,  
University of Okara, Okara

**Dr. Hafiz. M. Mudassar Shafique**

Assistant professor, Faculty of social sciences, department of Islamic studies, Lahore Garrison  
University, Lahore  
drmudassar@lgu.edu.pk

### **Abstract**

The problems related to the environment are the product of the modern age, at this time the environment has been irreparably damaged as a result of the earning of human hands, so now the environmental problems and their solution have become the most important problem of the human world. The deterioration of the natural environment has now put a question mark on the survival of human existence. Islam takes a holistic view of the environment and its related issues. Islam has clear instructions regarding human beings, plants and animals, physical and social environment. Islamic teachings regarding the interaction between man and the environment are comprehensive and sufficient. For this reason, with the completion of the religion of 'Islam, Allah gave comprehensive guidance to humans about the 'environment' through the Prophet Mohammad(PBUH). If these instructions are followed, we can deal with environmental problems. It is still time to take advantage of the guidance of this religion of nature and enlighten the human world with this divine guidance. Among the environmental problems that the whole

world has been gripped by the problem of water crisis is at the top. With its horrors, everyone on the planet is affected by it in some degree or another, there are even serious concerns that future wars will be based on water resources. Therefore, it is important to pay attention to the management and control of water resources and solve water problems in the light of Islamic teachings.

### Keywords:

Conservation and use of water, Human being, Environmental pollution, Sirah teaching,

### Introduction:

Allah has created all the things in this world and related to this land without any defect. He has created a balanced system in which there is no disturbance. It provides a clean environment that is very suitable for human life and all living things. The things around man, including people, birds, rivers or natural water resources, structures and all the things that are used or not by him, all these together make up the environment of man. As long as all these things continue to operate according to natural principles and are utilized in a proper manner, the human environment will be maintained in a better way. Because Allah has created everything in a good Way. As Quran says,

الَّذِي أَحْسَنَ كُلَّ شَيْءٍ خَلَقَهُ<sup>1</sup>  
Who made well whatever He created

### Importance of water in Islam:

The usefulness of water can be estimated from the fact that the word "ماء" for water is repeated several times in the Holy Quran. Life on earth began with water. Water existed before the creation of the universe. Water is an environmental element that existed even before the creation of the universe and the throne of Allah was on water. Quran says,

وَ هُوَ الَّذِي خَلَقَ السَّمَوَاتِ وَالْأَرْضَ فِي سِتَّةِ أَيَّامٍ وَ كَانَ عَرْشُهُ عَلَى الْمَاءِ<sup>2</sup>

He is the One who created the heavens and the earth in six days, while His throne was on water. Water is the main element of the universe and Allah Almighty has kept everything alive through water.

وَ جَعَلْنَا مِنَ الْمَاءِ كُلَّ شَيْءٍ حَيٍّ - أَفَلَا يُؤْمِنُونَ<sup>3</sup>  
And We created from water every living thing. Would they still not believe?

Quran further says,

اللَّهُ الَّذِي خَلَقَ السَّمَوَاتِ وَالْأَرْضَ وَ أَنْزَلَ مِنَ السَّمَاءِ مَاءً فَآخَرَ بِهِ مِنَ الثَّمَرَاتِ رِزْقًا لَكُمْ - وَ سَخَّرَ لَكُمْ الْفُلْكَ لِتَجْرِيَ فِي الْبَحْرِ بِأَمْرِهِ - وَ سَخَّرَ لَكُمْ الْأَنْهَارَ<sup>4</sup>

Allah is the One who created the heavens and the earth and sent down water from the sky, then brought forth with it sustenance for you from the produce, and subjugated for you the ships, so that they may sail in the sea with His command, and subjugated for you the rivers

The universe is composed of four elements, one of which is water, As Allama Al-Jahiz writes,

الأركان الأربعة، التي هي الماء والأرض والهواء  
والنار<sup>5</sup>

The birth of man is also through water, which is mentioned in the Qur'an،

يَا أَيُّهَا النَّاسُ إِنَّ كُنْتُمْ فِي رَيْبٍ مِّنَ الْبَعْثِ فَإِنَّا خَلَقْنَاكُمْ  
مِّنْ تُرَابٍ ثُمَّ مِّنْ نُطْفَةٍ ثُمَّ مِّنْ عَلَقَةٍ ثُمَّ مِّنْ مُّضْغَةٍ<sup>6</sup>

O mankind, if you are in doubt about Resurrection, then (recall that) We created you from dust, then from a drop of semen, then from a clot, then from a piece of flesh,

In this verse, the birth of man was mentioned first from sperm and later from blood, most of which consists of water. 70% of every human body consists of water also. Quran Further says,

وَ هُوَ الَّذِي خَلَقَ مِنَ الْمَاءِ بَشَرًا فَجَعَلَهُ نَسَبًا وَ صِهْرًا - وَ  
كَانَ رَبُّكَ قَدِيرًا<sup>7</sup>

And He is the One who created man from water, then made of him relations created by lineage and relations created by marriage. Your Lord is All-Powerful

Further says,

أَلَمْ نَخْلُقْكُمْ مِّنْ مَّاءٍ مَّهِينٍ<sup>8</sup>

Did We not create you from a worthless fluid?

A hadith of the Messenger of Allah, which describes the usefulness of prophet hood, gives the example of rain-

إِنَّ مَثَلَ مَا بَعَثَنِي اللَّهُ بِهِ مِنَ الْهُدَى وَالْعِلْمِ كَمَثَلِ غَيْثٍ  
أَصَابَ أَرْضًا فَكَانَتْ مِنْهَا طَائِفَةٌ طَيِّبَةٌ، قَبِلَتْ الْمَاءَ  
فَأَنْبَتَتِ الْكَلَّاءَ وَالْعُشْبَ الْكَثِيرَ، وَكَانَ مِنْهَا أَجَادِبُ أَمْسَكَتِ  
الْمَاءَ فَنَفَعَ اللَّهُ بِهَا النَّاسَ، فَشَرِبُوا مِنْهَا وَسَقَوْا وَزَرَعُوا<sup>9</sup>

The example of the knowledge and guidance with which Allah has sent me is like when it rains on a land, some of the land is fertile, which absorbs the water and grows plants, and some of it has hard soil that stores the water. And Allah benefits people through it- People drink from it and feed the animals and irrigate the fields.

Encyclopedia of Britannica describe importance of water, Water, a substance composed of the chemical elements hydrogen and oxygen and existing in gaseous, liquid, and solid states. Water is one of the most plentiful and essential of compounds.<sup>10</sup> The editor of the Encyclopedia of Religion writes: "Water is essential for man's life; it ensures his nourishment by fertilizing the land. It is more than nourishment, since it is the source of nourishment."<sup>11</sup>

Among the many other issues that are considered in spoiling the environment, the indiscriminate and misuse of a blessing like water is also becoming a cause of environmental pollution. Water is one of the natural blessings of Allah on which the life of humans, animals and plants depends-. If water continues to be wasted in this way, it will decrease and if it becomes polluted, it will pose a threat to human and animal life. Half of the world's population is deprived of clean water and water pollution is increasing due to industrial revolution and new scientific experiments. Industrial wastes, agricultural fertilizers, leather factories and garbage are major sources of water pollution.

Water is the basis of life on earth. All life is related to water. Clean water is the guarantee of human and ecological survival, while polluted water has a negative impact on the environment. Over the past fifty years, water has become increasingly polluted as a result of human activities. Millions of tons of wastewater are added to clean water at the base of the reservoir. This problem is very serious in developing countries, where 90% of waste water and 17% of untreated industrial water are found on the surface of the earth and thrown into surface waters. It is estimated that waterborne diseases cause the death of approximately 1 to 5 million children worldwide each year.<sup>12</sup> Another reason, the devastation caused by flood water in most parts of Pakistan in recent days is unspeakable. The people affected by the flood have severe shortage of clean drinking water. According to an estimate, contaminated water is the source of many deadly diseases such as hepatitis, diarrhea and typhoid etc. If such contaminated water is not disposed of properly, it gets mixed with clean water, which contaminates canals, rivers and ground water. Thus by making the drinking water contaminated and it causes all the diseases. Thus, this water becomes harmful for agriculture and also pollutes the crops and vegetables but Islam emphasizes the importance of protecting water and keeping it clean.

**Definition of water pollution:**

Definition of water pollution is given in Encyclopedia of Britannica, the release of substances into subsurface groundwater or into lakes, streams, rivers, estuaries, and oceans to the point where the substances interfere with beneficial use of the water or with the natural functioning of ecosystems. In addition to the release of substances, such as chemicals, trash, or microorganisms, water pollution may also include the release of energy, in the form of radioactivity or heat, into bodies of water.<sup>13</sup>

Another definition of contaminated water is, Changes in water quality and composition as a result of natural or human activities that affect the use of water for drinking, domestic, industrial, recreational, wildlife, industrial, and agricultural purposes. This water is called contaminated water.<sup>14</sup> The addition of such non-essential substances to water that is dangerous to humans, animals and aquatic life or affects normal life in and around water or sediment.<sup>15</sup>

**Causes of water pollution:**

1. In most countries of the world, factories dump their waste into rivers and streams. Chemical and contaminated waste from factories is a major cause of water pollution. These rivers, streams and canals pass close to human settlements and the polluted water flowing in them leads to the spread of epidemic diseases. Pollution of water bodies is very dangerous for humans, animals and agriculture. The fertile land is becoming barren and infertile due to polluted water. A writer expressing his views on water pollution,

In many countries it has been found that many industries and factories use to dump waste material into the rivers and streams. These streams and rivers mostly pass through the areas where people live beside these streams and rivers and hence suffer from injuries, infections and diseases.<sup>16</sup> Similarly, the discharge of industrial chemicals and wastes into rivers pollutes the river water which eventually flows into the sea, which further increases the pollution of sea water.<sup>17</sup>

In Pakistan, poisonous water is being poured into rivers and canals and waste water is being provided to the citizens. Buffalo waste is being thrown into the canals, leading to an increase in

Hepatitis C. According to a research report, 80% of the people of Pakistan are forced to drink contaminated water. There are many areas in Sindh where humans and animals are forced to drink water at the same rate. India releases dirty and chemically contaminated water from its industrial areas to Pakistan. Due to this toxic water, people are suffering from fatal diseases like liver, kidney and cancer.<sup>18</sup> Due to water pollution, water is being wasted and poisoned and water crisis is intensifying.<sup>19</sup>

2. Another aspect of water pollution is Oil pollution which destroys the flora and fauna in the ocean. When the oil spills, it forms a layer on the surface of the ocean which prevents the oxygen, carbon dioxide and sun light from entering the ocean. A writer describes, "Oceans are polluted by oil on daily basis from routine shipping, oil spills, runoffs and dumping. The main reason for this type of pollution is that oil does not dissolve in water and instead it forms a thick layer on the water surface, therefore, it usually stops marine plants receiving enough light for photosynthesis."<sup>20</sup>

3. Water reservoirs are getting polluted due to negative human activities. Human and industrial wastes are added to the sewage water. Sewerage and waste water disposal are not properly managed. In addition, diseases spread due to lack of training on basic hygiene principles and lack of access to clean water. Waste thrown into the sea causes countless problems. This waste causes death to aquatic life. Every year, thousands of tons of fish and other aquatic life are suffocated by fuel spills from ships. They become victims of death.<sup>21</sup> In addition, polluted water contains heavy toxic metals that are absorbed by plants, animals and soil, and as soon as humans consume these fishes, they cause complex diseases. The shortage of clean water is increasing in Pakistan. In this regard, the report of Pakistan Medical Association says:

4. The discharge of untreated industrial waste, poor sewage system, Agriculture run-off and unplanned urbanization have downgraded water quality in Pakistan, depriving almost two-thirds of over 200 million Pakistanis of potable water.<sup>22</sup> Water pollution is having devastating effects on human health. Human digestive system is affected very quickly by polluted water. Most of the people of Pakistan are affected by water pollution and die. Pakistan Medical Association report says, "Unavailability of safe drinking water which leads to the highest number of deaths in Pakistan."<sup>23</sup> There is large-scale uncontrolled pollution of surface and groundwater. Major cities have inadequate sewage treatment plants and there is only one industrial common effluent treatment plant working in the whole of the country. The result, as illustrated, is heavily degraded surface water around all cities and towns<sup>24</sup>

### **Effects of water pollution:**

1. The worst cause of water pollution on earth is the indiscriminate use of water in the agricultural and industrial sectors and polluting it with various chemicals. According to water experts, wastewater contains many harmful chemicals and salts that accumulate in the roots of crops, affecting soil fertility and crop production. The growth of these salts under the roots of crops not only contaminates the soil but also contaminates the underground water reservoirs.<sup>25</sup> Due to contaminated water, many types of diseases are occurring every day and the poor are suffering from them. Every year, 30 lakh people in Pakistan suffer from various diseases due to polluted water. Dr. Fazal Karim writes, the general practice in Pakistan is to treat the drinking water with Chlorine. The ill effects of chlorine on the lungs are now well known. More serious than that are the leaks and cracks in the underground water pipes through which dirty

water, sewage and germs mix with drinking water and cause intestinal diseases and impair the proper function of the liver. The residents of the old parts of Karachi are the worst sufferers.<sup>26</sup>

2. Due to water pollution, water is commonly used in households because it is toxic. Due to them, various diseases such as hair loss, premature graying of hair and various skin diseases are also occurring due to water pollution and clean water crisis is intensifying. The quality of groundwater has deteriorated over time due to the accumulation of salts. In many areas of Baluchistan, water is being extracted from a depth of several meters and in some basins of Baluchistan, the underground water has been completely depleted.<sup>27</sup>

3. According to a report, 47,000 children in Pakistan drink contaminated water every year and they go to the face of death. According to the latest report of the United Nations, 40% of deaths in Pakistan are due to drinking contaminated and unsafe water. Kidney failure, hypertension, heart attack and skin disease are of concern in Pakistan.

About water pollution in the Dictionary of Biology, pollution. It therefore finds use as a measure of certain types of organic pollutant in water. BOD is found out by keeping a sample of water having a known amount of oxygen for five days at 20 C. The oxygen content is measured again after this time. A high BOD reveals the presence of a large number of microorganisms, which indicates a high level of pollution.<sup>28</sup>

4. Germs in sewage spread many infectious diseases which insure aquatic animals with the use of this water. Water pollution is a major problem in developing countries with the passage of time. Some of the toxic substances in industrial waste have a mild effect, while others are life-threatening because they can cause effects such as impaired immunity, production defects, and severe indigestion.<sup>29</sup>

5. Sprays that are used to kill various insects are extremely dangerous. Once this spray enters the environment, its lethal effect is transmitted from one organism to another through food. Similarly, if this chemical enters the human body, instead of dissolving or breaking down, it accumulates in body fat and other tissues in a new form.<sup>30</sup>

6. Industrial waste is the main reason for increasing current water pollution. The toxic effects of industrial waste are extremely dangerous for the environment and humans.

Industrial waste contains chemical substances like mercury, lead, acid, Sulphur, phosphate, which are very dangerous for aquatic life. Similarly, the discharge of industrial chemicals and wastes into rivers pollutes the river water which eventually flows into the sea, thereby further increasing the pollution of sea water.<sup>31</sup>

7. The scourge of this increasing pollution has also polluted the seas and rivers of the whole world. There was a time when people used the water of rivers for drinking without fear and danger. A Hindu writer writes that in ancient India, when people passed by the Ganges, they used to fill their vessels with this water and keep the water sealed and if necessary, if they gave it to a sick person, he would recover but today, if a healthy person drinks the same Ganges water, he will also get sick.<sup>32</sup>

### **The importance of protecting water from pollution in the light of the Quran:**

The Holy Quran is the source of all kinds of knowledge in the universe, there is no knowledge in the universe that does not have its origin in the Holy Quran. There are many rules and regulations in Islamic teachings to prevent water pollution. Allah Almighty has provided clean water for us on earth but this clean water is getting polluted due to human activities. Due to indiscriminate industrial development, use of gas and coal, pesticides and human carelessness, water is not only becoming harmful to human health but also The animals created by Allah Almighty are also being destroyed for human benefit. The reason for the degradation and destruction of the aquatic environment is the careless economic activities of modern man. The inter-industrial web in human society has wreaked havoc on the planet. Many verses of the Holy Quran prove that the deterioration of land and water is the result of human actions,

ظَهَرَ أَلْفَسَادُ فِي أَلْبَرِّ وَالْبَحْرِ بِمَا كَسَبَتْ أَيْدِي النَّاسِ<sup>33</sup>

Calamities have appeared on land and sea because of what the hands of the people have earned. So, if a person dies due to the effects of drinking poisoned water, then the murderer and criminal is the manufacturer who released the chemical and such a person is committing mischief on earth. There are many verses of the Qur'an that indicate to stop creating chaos and change in the world. In order to protect water from pollution, the orders given in the Shariah are very explicit and clear. Quran says,

أَلَمْ تَرَ أَنَّ أَللَّهَ أَنْزَلَ مِنَ أَلْسَّمَآءِ مَآءً فَسَلَكَهُ يَنَابِيعَ فِي أَلْأَرْضِ ثُمَّ يُخْرِجُ بِهِ زَرْعًا مُّخْتَلِفًا أَلْوَانُهُ<sup>34</sup>

Have you not seen that Allah sent down water from the sky, then made it penetrate into the earth (and gush forth) in the form of springs? Then He brings forth with it crops of different colors. In other words, it is stated in this verse that raining down water from the sky is a great blessing from Allah, but if Allah did not manage to preserve this blessing inside the earth, people could benefit from it only during the rains and Allah did not preserve it in the earth, this water would become polluted and could not be used for human needs. So it was protected from contamination by being stored in the ground. Quran says,

كُلُوا وَاشْرَبُوا مِنْ رَزْقِ أَللَّهِ وَلَا تَعْثُوا فِي أَلْأَرْضِ مُفْسِدِينَ<sup>35</sup>

Eat and drink of what Allah has provided, and do not go about the earth spreading disorder. Exceeding one's limits and restrictions in the use of life's resources for the sake of one's material comfort and convenience is actually committing corruption on the earth and is a very ugly act in the eyes of Islam. Throwing polluted and poisonous materials and garbage in rivers and canals is like rioting which causes deterioration in the human digestive system. Therefore, water pollution, which causes dangerous pollution, deserves to be cursed and cursed.

وَيُفْسِدُونَ فِي أَلْأَرْضِ أُولَئِكَ لَهُمُ أَلَلْعَنَةُ وَلَهُمْ سُوءُ أَلدَّارِ<sup>36</sup>

And make mischief in the land, those are the ones for whom there is the curse, and for them there is the evil abode

The above verse is a warning to the rioters who pollute and poison the water. Running factories without installing treatment plants despite the warning of Allah's punishment is a matter of moment for Muslim manufacturers. Injecting waste water into rivers, canals, groundwater is morally, religiously and legally a crime, prevention of such crimes is the responsibility of the

state. Water is the most important source of life, so polluting clean water is killing human life. The Qur'an considers the killing of one soul equal to the killing of the entire humanity.

مَنْ قَتَلَ نَفْسًا بِغَيْرِ نَفْسٍ أَوْ فَسَادٍ فِي الْأَرْضِ فَكَأَنَّمَا قَتَلَ  
النَّاسَ جَمِيعًا وَمَنْ أَحْيَاهَا فَكَأَنَّمَا أَحْيَا النَّاسَ جَمِيعًا  
whoever kills a person not in retaliation for a person killed, nor (as a punishment) for spreading disorder on the earth, is as if he has killed the whole of humankind, and whoever saves the life of a person is as if he has saved the life of the whole of humankind.

Imam Ibn Katheer wrote in "Tafseer al-Qur'an al-Azeem".

فكانما قتل الناس جميعا، من قتل النفس المومنة  
متعمدا جعل الله جزاءه جهنم، وغضب عليه ولعنه، واعد له  
عذابا عظيما<sup>38</sup>

The survival and security of human life depends on the principle that every person has the feeling of being helpful in the survival and protection of the life of other members of the society. A person who takes someone's life unjustly is not only wronging a single person but his behavior proves that his heart is devoid of human spirit. Therefore, he is the enemy of the entire humanity because there is evil within him which if found in all people, will destroy the entire human race.<sup>39</sup> If the water on which human life depends, if this great blessing is polluted, then it will not only cause harm to Muslims but also to all mankind. Which is definitely not allowed by the Shariat, therefore it will be mandatory to protect the water from pollution in any case and its violation will be considered illegal and a sin. Quran says,

وَإِذَا تَوَلَّى سَعَى فِي الْأَرْضِ لِيُفْسِدَ فِيهَا وَيُهْلِكَ الْحَرْثَ  
وَالنَّسْلَ وَاللَّهُ لَا يُحِبُّ الْفُسَادَ<sup>40</sup>

Once he turns back, he moves about in the land trying to spread disorder in it, and to destroy the tillage and the stock; and Allah does not like disorder.

Allama Qurtubi says that the verse includes all corruption and destruction due to its generality whether it is in the land or in wealth or in Deen.<sup>41</sup> That is, whatever kind of damage and destruction will happen, it will all come in it whether it is related to land or water, all will be considered the cause of corruption in the earth.

### Protection of water in the light of Sirat al-Nabi:

The existence of water for the survival of aquatic and terrestrial life is an unparalleled blessing of God. Water is the lifeline for human, animal and plant life. Water is the basic unit of human life. As it is clear from the Quranic teachings that it is not permissible to pollute water but the importance of water conservation has been explained in great detail by Prophet Muhammad.

#### Prohibition of urine in water:

To protect the water from contamination, the Prophet has forbidden to urinate in the water,

لَا يَبُولَنَّ أَحَدُكُمْ فِي الْمَاءِ الدَّائِمِ الَّذِي لَا يَجْرِي، ثُمَّ  
يَعْتَسِلُ فِيهِ<sup>42</sup>

None of you should ever urinate in this stagnant water that does not flow and then bathe in it. Another hadith Prophet says,

لَا يَبُولَنَّ أَحَدُكُمْ فِي الْمَاءِ الدَّائِمِ<sup>43</sup>



Let none of you urinate in stagnant water

Hafiz Ibn Hajar says,

It does not matter whether the urine is human or any other impurity.<sup>44</sup>

Hafiz Ibn Hajar has said this with the reference of Imam Qurtubi, Urinating in water should be considered haram and the reason for this is the well-known jurisprudential rule because if it is not prohibited, this practice will make the impurity of the water necessary.<sup>45</sup>

Medically speaking, by urinating in water, the germs of the disease called "Bilharzia" spread throughout the water and especially in stagnant water, the spread of such germs is sure, then those germs set their developmental stages in the form of tailed germs. They start floating in the water and when they find a body, they penetrate it and cause inflammation of the liver and other diseases.<sup>46</sup> It is proved from the above hadiths that urinating in ponds means throwing polluted materials of factories in ponds etc. is a sin. Medically speaking, urinating in water spreads germs throughout the water. Especially stagnant water is sure to spread such germs. Another saying of prophet is this,

أَطْفِئُوا الْمَصَابِيحَ إِذَا رَقَدْتُمْ، وَغَلِّقُوا الْأَبْوَابَ،  
وَأَوْكُوا الْأَسْقِيَةَ، وَخَمِّرُوا الطَّعَامَ وَالشَّرَابَ<sup>47</sup>

When you go to sleep, put out the lamp, close the door, cover the mouths of the Pitchers and cover the food and drink utensils.

This command was ordered that it should not fall into the water and that no insect should fall through the air, which transmits various types of viruses or causes diseases with other types of damage.

#### **Prohibition of breathing in the vessel while drinking water:**

Breathing into the vessel while drinking water is prohibited-It was narrated from Abu Qatadah that the Messenger of Allah, forbade breathing in a vessel.

إِذَا شَرَبَ أَحَدُكُمْ فَلَا يَتَنَفَّسُ فِي الْإِنَاءِ<sup>48</sup>

When one of you drinks water, do not breathe from the vessel

As Hazrat Aysha said,

عَنْ عَائِشَةَ قَالَتْ كُنْتُ أَضْعُ لِرَسُولِ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ ثَلَاثَةَ آنِيَةٍ مِنَ اللَّيْلِ مُحَمَّرَةً إِنَاءً لِطَهْوَرِهِ وَإِنَاءً لِسِوَاكِهِ وَإِنَاءً لِشَرَابِهِ<sup>49</sup>

I used to cover the three vessels of Prophet. One for ablution, one for brushing and one for water-Blowing and breathing in food items is also prohibited,

Ibn e Abas says,

لَمْ يَكُنْ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، يَنْفُخُ فِي طَعَامٍ، وَلَا شَرَابٍ، وَلَا يَتَنَفَّسُ فِي الْإِنَاءِ<sup>50</sup>

Prophet did not blow into food or drink, nor did he breathe into a vessel

In Another hadith Abu saeed Kudri narrates,

قَالَ نَهَى رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ عَنْ الشُّرْبِ مِنْ ثُلْمَةِ الْقَدَحِ وَأَنْ يُنْفَخَ فِي الشَّرَابِ<sup>51</sup>

Prophet has prohibited drinking from the spout of a pot or blowing into drinking glasses

This prohibition is not an obligation, but is being reformed morally which is explained by Ghulam Rasool Saeedi, When one of you drinks something in the vessel do not breathe Breathing without separating the mouth from the vessel is Abomination (Makruh). While drinking water from a vessel, one should breathe three times and separate the mouth from the vessel each time. From this hadith, it is known that one should not blow in the water because the germs of the diseases that are present in the human body will be transferred to the water through breathing.<sup>52</sup> The Holy Prophet also forbade all such matters which are harmful to human health or which may spread any kind of pollution.

إِذَا كَانَ جُنْحُ اللَّيْلِ أَوْ أَمْسَيْتُمْ فَكُفُّوا صِبْيَانَكُمْ ، فَإِنَّ الشَّيْطَانَ يَنْتَشِرُ حِينَئِذٍ ، فَإِذَا ذَهَبَ سَاعَةٌ مِنَ اللَّيْلِ فَخَلُّوهُمْ ، وَأَغْلِقُوا الْأَبْوَابَ وَادْكُرُوا اسْمَ اللَّهِ فَإِنَّ الشَّيْطَانَ لَا يَفْتَحُ بَابًا مُغْلَقًا ، وَأَوْكُوا قِرْبَكُمْ وَادْكُرُوا اسْمَ اللَّهِ ، وَخَمِّرُوا آنِيَتَكُمْ وَادْكُرُوا اسْمَ اللَّهِ وَلَوْ أَنْ تَعْرَضُوا عَلَيْهَا شَيْئًا ، وَأَطْفِئُوا مَصَابِيحَكُمْ<sup>53</sup>

The Messenger of Allah said, when the night begins or (he said) when it is evening, stop your children (and do not let them go out of the house) because at that time the devils spread. Then when an hour of the night has passed, leave them and close the doors and mention the name of Allah at that time, for Satan does not open closed doors. And bind the mouths of your pitcher with the name of Allah. Cover your vessels with the name of Allah, even if you can only cover something wide and put out your lamp (before going to bed).

This is the result of the above hadith, in the instruction to cover the vessels at night, there is a reference to water pollution, which causes pollution and harm to human life. It is definitely not beloved in the eyes of Islam. From the point of view of hygiene, food items should be kept with complete caution and if they are in open containers, they should be covered so that such germs cannot enter them.<sup>54</sup> From this conversation, it became clear that water is a blessing of Allah. It should be taken care of and not wasted. While drinking water, one should neither breathe in it nor blow it but consider water as a special blessing of Allah. He should be thanked-

#### **Exhortation to cleanliness in Islam:**

Islam is a religion of cleanliness. In Islam's system of purification, Taking bath (Ghusl) was declared obligatory in the case of Sexual impurity (Janabat) and ablution before each prayer (Namaz) is considered a duty. In Islam, the organization and management of cleanliness has been declared as the center and pivot of a Muslim's faith. In Islam, a clean and pure environment has the status of half of faith which gives a true Muslim the motivation and energy to keep it clean from various types of pollution. Prophet says,

الطُّهُورُ شَطْرُ الْإِيمَانِ<sup>55</sup>

Purity is half of faith

The greatest benefit of cleanliness is gaining the love of Allah. People who keep the environment clean from dirt and pollution are loved by Allah. In the Holy Quran, it is forbidden to stay away from pollution and stay in any kind of polluted or dirty environment.

وَتَيِّبَاكَ فَطَهَّرْ وَالرُّجْزَ فَاهْجُرْ<sup>56</sup>

And purify your clothes and keep away from filth

Allah has also placed these qualities in water that it causes to remove all kinds of impurities from the body, as mentioned in the Qur'an.

وَيُنزِّلُ عَلَيْكُمْ مِّنَ السَّمَاءِ مَاءً لِّيُطَهَّرَكُم بِهِ<sup>57</sup>

And sent down upon you water from the heavens, so that He might purify you with it

The dirt is never removed from the tissue, but the dirt remains stuck to the body and causes skin diseases. Those who wash the body with water after defecation and take a regular bath often do not have skin diseases.<sup>58</sup>

### Protecting people from human evil is also charity:

Protecting people from human evil is also a form of charity, so every effort should be made to prevent harm to others, not only to oneself but also to one's circle of friends because prophet says,

عَلَى كُلِّ مُسْلِمٍ صَدَقَةٌ. قَالُوا: فَإِنْ لَمْ يَجِدْ؟ قَالَ: فَيَعْمَلُ  
بِيَدَيْهِ فَيَنْفَعُ نَفْسَهُ وَيَتَصَدَّقُ. قَالُوا: فَإِنْ لَمْ يَسْتَطِعْ أَوْ  
لَمْ يَفْعَلْ؟ قَالَ: فَيُعِينُ ذَا الْحَاجَةِ الْمَلْهُوفَ. قَالُوا:  
فَإِنْ لَمْ يَفْعَلْ؟ قَالَ: فَلْيَأْمُرْ بِالْخَيْرِ. أَوْ قَالَ:  
بِالْمَعْرُوفِ. قَالَ: فَإِنْ لَمْ يَفْعَلْ؟ قَالَ: فَيُمْسِكُ عَنِ الشَّرِّ  
فَإِنَّهُ لَهُ صَدَقَةٌ.<sup>59</sup>

The Holy Prophet (peace and blessings of Allah be upon him) said: Charity is necessary for every Muslim. People complained that if a person cannot afford it? The Prophet (peace and blessings of Allah be upon him) said: He should work with his hands, which will benefit himself and also give charity. People asked: What if he doesn't have the power or can't do it? The Prophet (peace and blessings of Allah be upon him) said: Help the needy. People begged: What if they can't do it? The Prophet (peace and blessings of Allah be upon him) said: He should command the good. People then asked: What if they can't do this? The Prophet (peace and blessings of Allah be upon him) said: Let him refrain from evil because that is charity for him.

So people who are involved in water pollution in the society in any way, as Muslims, we should try to keep them away from the spread of this evil and we should also stay away from all such factors, thanks to which people we being hurt or afraid of being detected because preventing evil is also good and charity. On the contrary, Islam says that the sign of being a Muslim is to protect another brother from his hand and tongue, as the Prophet said,

إِنَّ مِنَ النَّاسِ مَفَاتِيحَ لِلْخَيْرِ، مَعَالِيْقَ لِلشَّرِّ، وَإِنَّ مِنَ  
النَّاسِ مَفَاتِيحَ لِلشَّرِّ مَعَالِيْقَ لِلْخَيْرِ، فَطُوبَى لِمَنْ جَعَلَ اللهُ  
مَفَاتِيحَ الْخَيْرِ عَلَى يَدَيْهِ، وَوَيْلٌ لِمَنْ جَعَلَ اللهُ مَفَاتِيحَ  
الشَّرِّ عَلَى يَدَيْهِ.<sup>60</sup>

The Prophet ﷺ said: There are some people who are the keys of good and the locks of evil, and there are some people who are the keys of evil and the locks of good. Therefore, the person to whom Allah has given the key to good and the root of evil is very fortunate and the person to whom Allah has given the key to evil and the root of good is very fortunate.

Islam forbids any matter that hurts a human being, and especially any matter that hurts a believing man or woman then this action is most disliked in the sight of Allah-As it is mentioned in the Quran,

وَالَّذِينَ يُؤْذُونَ الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ بَغَيْرِ مَا اكْتَسَبُوا  
فَقَدْ اِخْتَمَلُوا بُهْتَانًا وَإِثْمًا مُّبِينًا<sup>61</sup>

As for those who hurt believingmen and believing women withouttheir having done anything (wrong),they shall bear the burden of slanderand a manifest sin

Allama Qurtubi writes in the commentary of this verse:

Believers and believing women are tormented with indecent actions and indecent words, as well as fabricated slander and obscene denials.<sup>62</sup>From this, it is known that torture for a human being can be caused by the tongue and the action of someone can also cause suffering, so surelywhoever causes the pollution of water will cause suffering to humanity and he will be punished accordingly. Therefore polluting the water will also be included in this order.Qazi Sanaullah Panipati says that the reason for the revelation whether it is a particular but the words are general. Every person who tortures a Muslim man or woman for no reason is included in the order of this verse.<sup>63</sup>

### Use of waterin the light of Sirat al-Nabi:

#### Prohibition of Extravagance in water:

Allah has placed life in the water, so it is not only man who has the right to it, but all the creatures living in this world share equally and as much as the right of man, other creatures also have the right to it. In the Qur'an, everything that a person spends more than he needs is called extravagance and this practice is not permissible in Islam.Quran says,

وَلَا تُسْرِفُوا إِنَّهُ لَا يُحِبُّ الْمُسْرِفِينَ<sup>64</sup>

And do not be extravagant.Surely, He does not like theextravagant

All such actions deprive others of their rights, due to which a change in the natural system is also expected, then this action becomes a cause of corruption.The importance of water can also be estimated from the fact that ablution is necessary for worship such as prayer and having water for ablution but the water that is being used in it is also viewed by Islam and the Messenger of Allah has forbidden extravagance even in this water.

أَنَّ رَجُلًا أَتَى النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ فَقَالَ يَا رَسُولَ  
اللَّهِ كَيْفَ الطُّهُورُ فَدَعَا بِمَاءٍ فِي إِنَاءٍ فَغَسَلَ كَفَّيْهِ ثَلَاثًا  
ثُمَّ غَسَلَ وَجْهَهُ ثَلَاثًا ثُمَّ غَسَلَ ذِرَاعَيْهِ ثَلَاثًا ثُمَّ مَسَحَ بِرَأْسِهِ  
فَأَدْخَلَ إِصْبَعَيْهِ السَّبَّاحَتَيْنِ فِي أُذُنَيْهِ وَمَسَحَ بِإِبْهَامَيْهِ  
عَلَى ظَاهِرِ أُذُنَيْهِ وَبِالسَّبَّاحَتَيْنِ بَاطِنِ أُذُنَيْهِ ثُمَّ غَسَلَ  
رِجْلَيْهِ ثَلَاثًا ثَلَاثًا ثُمَّ قَالَ هَكَذَا الْوُضُوءُ فَمَنْ زَادَ عَلَى  
هَذَا أَوْ نَقَصَ فَقَدْ أَسَاءَ وَظَلَمَ أَوْ ظَلَمَ<sup>65</sup>

A man came to the Messenger of Allah and inquired about ablution, he called for water in a vessel, washed both hands three times, then washed his face, then wiped his head and inserted his index fingers into his ears, washed both hands three times and then said: That ablution is

done in this way, so whoever does it more than it or less than it, then he has not done good, but has done wrong.

Abdullah bin umar narrates in another hadith,

ان رسول الله ﷺ مر بسعد وهو يتوضأ، فقال: " ما هذا السرف؟" فقال: افي الوضوء إسراف؟ قال: " نعم وإن كنت على نهر جار<sup>66</sup>

The Messenger of Allah saw Saad performing ablution and said, "Saad, what is this extravagance?" Saad said, "Ablution is also extravagance." So prophet said yes, even though you are doing ablution on the bank of the canal.

From these Ahadiths, it is clear that extravagance is not permissible even in ablution. Excessive use of something in the absence of something is not extravagance, but excessive use is also considered extravagance.

#### Use of clean and fresh water:

In this modern era, ground water has become very polluted and all countries are filtering this ground water to make it drinkable for people because this water is very necessary for health that is why Prophet Muhammad used to use clean and sweet water and the Prophet has advised the Ummah to do the same. Water was fetched for the Holy Prophet from various wells and Abe zam zam. Aysha narrates,

عائشة رضي الله عنها أن النبي صلى الله عليه وسلم كان يستعذب له الماء من بئوت السقييا قال قتيبة هي عين<sup>67</sup> بينها وبين المدينة يومان

Sayyida Aysha narrates that sweet water was brought for the Prophet from the houses of "suqiya". Qutiba said: "Suqiya" was the name of a spring which was two days' journey from Madinah.

From this complete discussion, it became clear that water is one of the great blessings of Allah, so it is not permissible to use it unnecessarily. Nowadays, the world is suffering from water shortage and it is mainly due to the reasons. Unnecessary use of water, which includes water from washing dishes to chemical water from factories. Similarly, water is one of the blessings of Allah, so the right of worship should be paid, prostration should be performed, but we do not do this. Due to which the decrease in water level is also a reason for Allah's displeasure. As Allah has mentioned in the Quran,

قُلْ أَرَأَيْتُمْ إِنْ أَصْبَحَ مَاؤُكُمْ غَوْرًا فَمَنْ يَأْتِيكُمْ بِمَاءٍ مَّعِينٍ<sup>68</sup>

Say, "Tell me, Should your water vanish into the earth, who will bring you a flowing (stream of) water?"

In terms of protection from water pollution, the Shariat has given many powers to the ruler and the ruler has been given the responsibility to take all possible measures for the welfare of the people and he has many powers in this regard. Governments have broad powers to prevent water pollution. Governments can prohibit any activity that causes water pollution or harms aquatic life. The government may enact laws from time to time to prevent the development of water pollution.

**Conclusions:**

1. Water is necessary for life but unfortunately half of the world's population is deprived of the blessing of clean water.
2. Many factories constantly pouring toxic substances into canals, rivers and oceans, thanks to which not only the ground water is being polluted but also the aquatic environment. Aquatic animals are also getting affected by this poisonous water.
3. Contaminated water is causing fatal diseases in people due to which many people are dying.
4. The instructions and teachings found in Islam for the protection of water and the remediation of water pollution are comprehensive and practical and by following the Shariah rules related to the use of water, the society can be saved from the terrible problem of water pollution.
5. Do not leave the water container open at night and hide it with a lid so that no disease enters in it or any poisonous creature contaminates the water which is not worthy of purity and cleanliness.
6. Do not urinate in stagnant or flowing water because people bathe and wash clothes by the banks of canals and rivers, due to which people are suffering from many skin diseases.

**Suggestion:**

1. There is an urgent need to make laws to prevent water pollution in Pakistan, in this regard commercial establishments, industries and textile industry should be restricted to release the polluted water in the rivers only after cleaning in order to reduce the damages of pollution. So that the dangers posed to animals and birds along with humans can also be reduced.
2. Legislation should also be made for domestic consumers and the use of chemicals and detergents used in homes should be banned.
3. Environment agencies are empowered to take disciplinary action against those responsible for spreading water pollution.
4. The effects of water pollution on the environment and human health should be publicized through modern media technology.
5. Quranic verses and hadiths about water pollution should be widely disseminated. To control water pollution, Islamic teachings should be made part of the curriculum of schools, colleges, universities and schools and Islamic scholars, preachers, and Sufis should play an active role to make them aware of their actions.
6. Articles and papers should be written about water pollution and conferences and seminars should be organized so that the consequences of water pollution can be clarified.
7. A solid plan should be made to clean up sea water by building maximum reservoirs and planning at local and regional levels to secure water from uncertain rains.
8. Due to water pollution, the flood affected people suffer from various diseases. Therefore, planning should be done to install modern scientific equipment to clean the polluted water in the flood affected areas.

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- <sup>62</sup> . Abu Abdullah Muhammad bin Ahmed ,al-QurTabi, *Al-Jami'i li'ahkam al-Our'an*, Cairo: Dar al-Kitab al-Masriyah, 1384 AH, 240/14
- <sup>63</sup> .Qazi Sanaullah Pani Pati, *Tafseer al-Muzhari*, Pakistan: Maktabah al-Rashdiyya,1412 AH, 382/7
- <sup>64</sup> -Al Quran:7:31
- <sup>65</sup> . Sulaiman Ibn Ash'ath, Abu Dawud, *Sunan Abi Dawud*, Hadith No:135
- <sup>66</sup> - Muhammad Ibn Yazid Ibn Majah, *Sunan Ibn Majah*, hadith No:425
- <sup>67</sup> - Sulaiman Ibn Ash'ath, Abu Dawud, *Sunan Abi Dawud*, Hadith No:3735
- <sup>68</sup> .Al Quran:60:33