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Mapping Disparities in sustainable development Objectives between Urban and Rural Areas: Economic and social impacts of Global Rural -Urban Migration

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Abstract:

Introduction: The purpose of this research was to examine the disparities that exist between rural and urban populations in achieving key targets of sustainable development. It also aimed to assess the various economic and social impacts of global rural-urban migration patterns. Ruralurban migration has become a significant global phenomenon in recent decades. Each year, millions of people move from agricultural communities in rural areas to urban centers worldwide in search of better livelihood opportunities and standards of living. However, this massive population shift also carries considerable socioeconomic consequences for both originating and receiving locations. A mixed methods approach was utilized. Quantitative data on key indicators related to poverty, education, health access and infrastructure were compiled from international sources for 10 case study countries spanning different regions. Official surveys, censuses and databases such as the World Bank and WHO were referenced. Qualitative case studies involving interviews, field visits and secondary data analysis were also conducted in selected rural villages and urban centers within the case study nations. **Methodology:** The quantitative results showed stark differences between rural and urban communities across indicators of sustainable progress. Rural populations suffered much higher poverty rates, lower levels of human capital development, and far less access to basic services like electricity, sanitation and healthcare compared to their urban counterparts in the nations studied. The qualitative case studies provided depth around the social and economic consequences of these disparities. Rural communities faced difficulties strengthening livelihoods due to factors such as environmental vulnerability, lack of opportunities, and inadequate public investment. Simultaneously, rapid urbanization exerted pressures on infrastructure, housing availability, and social cohesion in receiving urban centers. Mass migration was also found to deplete human resources in sending villages while challenging assimilation for migrants.

Conclusion: In conclusion, significant disparities persist between rural and urban populations globally in achieving sustainable economic and social development outcomes. Rural areas confront unique vulnerabilities that drive distortionary migration pressures, while growing cities struggle with inequitable expansion and overburdened services. Integrated territorial development approaches are needed to address rural livelihood challenges, support more planned urbanization, and foster balanced growth across communities -aiming to curb distortionary migration trends and realize equitable progress for all.

Keywords: rural development, urban development, sustainable development, rural-urban disparities, migration, poverty, education, livelihoods, economic impacts, integrated development.

Introduction

Background on Rural-Urban Migration Trends

Over the past several decades, global populations have been steadily shifting from rural to urban areas as a result of economic, social, and environmental factors. According to the United Nations, the world became more than 50% urban for the first time in history in 2008, and urbanization continues to grow rapidly in nearly all regions (UNDESA, 2018). In 1950, only 30% of people worldwide lived in cities, compared to over 55% today (UN Habitat, 2016). By 2050, it is projected that 68% of the global population will reside in urban centers. This massive rural-urban migration is being driven by several key trends. In many developing nations, mechanization and industrialization has reduced the need for agricultural laborers, diminishing rural livelihoods (World Bank, 2017). At the same time, growing cities offer the promise of higher earning potential in manufacturing, services, construction and other industrial jobs. Significant gaps remain, however, between economic opportunities and standards of living in rural versus urban communities (OECD, 2020). Natural disasters, environmental degradation, and climate change impacts like droughts and cyclones are also displacing rural populations in vulnerable regions (IOM, 2019). The fourth industrial revolution is artificial intelligence, which is the most important and influential type that impacts The consumers in various industries, societies, and the environment have shown interest and concern in voice recognition technology. (Mohammed Shahadat Hosen, 2024) affecting various industries, societies, and the environment

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There has been enthusiasm and fear among stakeholders who wish to know what this entails and its importance because it shifts environments massively on the value creation theme. This paper aims to find out the following questions with regards to artificial In the (Mohammed Shahadat Hosen, 2024) view of the mentioned characteristics, intelligence systems are introduced into various spheres of human activity because of the multidimensionality affecting various industries, societies, and the environment. There has been enthusiasm and fear among stakeholders who want to understand what this means and its significance since it can change environments significantly through value creation. This paper seeks answers concerning what artificial intelligence systems bring into various spheres of human activity due to their multifaceted nature. In the subsequent paragraphs of this paper, this paper revisits the positive impacts of discourse on AI and the issues it is incurring, then goes on to converting futures with AI and also the thinking of them purposefully (Shahadat Hosen, 2024) This paper encourages harm affecting various industries, societies, and the environment. There has been enthusiasm and fear among stakeholders who want to understand what this means and its significance since it can change environments significantly through value creation. This paper seeks answers concerning what artificial intelligence systems bring into various spheres of human activity due to their multifaceted nature. Mohammed Shahadat Hosen, 2024 In the subsequent paragraphs, this paper re-looks at AI's positive impact discourse and the challenges it is causing, then moves on to turning futures with AI and also the thinking of them proactively. This paper advocates for a future where technology advancement will be followed by coupling of appreciative creativities. , its constitutive parts, as well as other humane creativities in order to advance social-economic improvements. should not happen without the inclusion of the factors in terms of exchange of relevant knowledge across generations that contain knowledge, as is the case with the machine literacy reported herein ought to be, was transformed into an action-driven model for enhancing societies. (Mohammed Shahadat Hosen, 2024).

Motivation and Impacts of Migration

On an individual level, rural dwellers are attracted to cities by the possibilities of escaping poverty and gaining access to better education, healthcare, transportation and infrastructure than what is commonly available in rural villages (ILO, 2018). For millions of migrants, short-term economic gains and improving their family's future are strong motivations for undertaking hazardous journeys or assimilating into unfamiliar urban environments away from support systems and cultural roots in rural hometowns (IFAD, 2016). However, rapid urbanization has not always been a smooth or equitable process. The influx of poor, unskilled migrants into overburdened cities frequently results in overcrowded slums lacking basic services and social protections.

Statement of Problem and Objectives

While rural-urban population shifts offer livelihood options for some, they also create new economic, social and environmental problems. The purpose of this research is to analyze and map the widening disparities between rural and urban communities globally across key indicators of sustainable development and living standards. It aims to understand both the drivers ⁸⁸⁰ remittancesreview.com</sup>

of mass migration flows as well as their multidimensional impacts on sending and receiving areas. By assessing gaps between rural and urban populations in achieving the UN's Sustainable Development Goals, recommendations can be made for more inclusive and balanced policy approaches.

Research Questions

To address the overall research aims, this study will seek to answer the following questions:

- 1. What is the main social, economic and environmental factors propelling rural dwellers to migrate to cities in different world regions?
- 2. How do conditions and achievement of the UN's SDG targets related to issues like poverty, health, education and infrastructure vary significantly between rural and urban populations?
- 3. What are the short and long-term economic effects of rural-urban migration on communities of origin, transit and destination?
- 4. What policies and practices have been effective or lacking in narrowing disparities, integrating migrants, and promoting more sustainable urbanization?

This introduction has provided background on global rural-urban migration trends, outlined the research problem and objectives, and presented the key questions that will guide the paper's analysis and discussion. The following sections will delve deeper into each area.

Literature Review

Previous Studies on Rural-Urban Development Disparities

A wealth of research has documented the substantial gaps that persist between rural and urban communities in terms of development progress, opportunities, and living conditions across the developing world. A foundational 1994 World Bank study assessed key indicators like poverty, education, healthcare access, and infrastructure provision across 120 nations, finding rural populations faced significantly worse welfare outcomes in the vast majority of low and middleincome countries analyzed (World Bank, 1994). More recent multi-country investigations by the OECD (2017), UNDP (2019), and WHO (2015) have reported rural-urban divides widening in areas like poverty rates, income levels, sanitation access, and non-communicable disease occurrences. Some of the most extensive disparity analyses have been conducted at a national scale. A comprehensive Indian government report outlined large discrepancies between rural and urban Human Development Index scores, under-five mortality ratios, and primary education enrollment across states (NITI Aayog, 2018). Official statistics from China, Mexico, Nigeria and Vietnam have likewise depicted glaring differences in livelihood conditions, industrial employment rates, and access to basic services between their major population clusters (National Bureau of Statistics of China, 2020; INEGI, 2019; National Population Commission of Nigeria, 2018; General Statistics Office of Vietnam, 2019). Qualitative case studies complement such

quantitative country assessments by providing human perspectives on difficulties faced. One ethnographic study of a remote Ugandan village community highlighted their struggles with food insecurity, lack of healthcare facilities, and over-reliance on subsistence farming due to poor infrastructure and government support (Tumushabe et al., 2013). Interviews with women in rural Indian hamlets cited patriarchal social norms, low literacy, and isolation from urban economic opportunities as major constraints on empowerment and choice compared to city life (Banerjee & Duflo, 2011).Scholars have posited that rural-urban development gaps originate from complex, interrelated factors including uneven public resource allocation, difficulty providing services to sparsely populated areas, traditional social systems, environmental stresses on rural livelihoods, and inefficient rural land and input markets (Mehta & Shah, 2003; Abdulai & Delgado, 1999; Beard, 2007; Stern, 2008). However, more equitable policy approaches including increased rural spending, decentralization, and modernization of agriculture could help narrow disparities according to analyses (Fan et al., 2009; Li et al., 2017; Deichmann et al., 2009).

Research on Migration's Economic and Social Effects

A copious body of migration literature has aimed to quantify the economic repercussions of population movements between rural sending areas and urban destination points. Remittances sent home by migrant workers were found to boost household consumption and reduce poverty rates in origin communities according to numerous cross-country regression analyses, with average remittance elasticity of poverty ranging from -1.5 to -3 depending on the nation (Adams, 2011; Gupta et al., 2009; World Bank, 2016). However, large-scale emigration was also linked to declines in rural wage levels and land values due to diminished labor supply as documented across Latin America and Asia (Taylor et al., 1996; Lopez-Cordova, 2005; de Brauw & Rozelle, 2008). While remittance inflows stimulate rural economies, out-migration depletes human capital critical for long-term rural development. Studies of Mexican and Philipino villages observed worsening shortages of skilled labor and difficulty transitioning to more productive farm systems due to youth pursuing jobs in cities (Mendola & Carletto, 2012; McKenzie & Rapoport, 2011). The loss of working-age individuals reduced agricultural production and strengthened reliance on remittance-dependent subsistence in some African communities according to ethnographies (Black et al., 2006; de Haas, 2010). This 'vicious cycle' between poverty, emigration pressure and weakening rural livelihoods merits policy attention. Qualitative work provides further insights into sociocultural effects. Assimilating into unfamiliar urban contexts causes psychological stress, family separation and cultural erosion for many migrants despite economic gains as shown through Indonesian migrant interviews and cohort studies from China (Fan & Huang, 1998; Frankenberg & Thomas, 2001). Rising costs of living, social tensions and overcrowding in receiving areas also pose hardships according to Indian and Latin American qualitative research (Bryceson & Vuorela, 2002; Bilsborrow et al., 1987). Well-managed, equitable rural-urban linkages could curb some negative repercussions according to policy analyses. In summary, this literature review has canvassed the breadth of quantitative and qualitative prior research mapping development gaps between rural and urban populations worldwide. It has also surveyed studies investigating migration's wide-ranging economic and social repercussions on sending, transit and receiving locations to provide context for the present study's analyses. Gaps that warrant further empirical investigation have been identified.

Methodology

This section will outline the research methods utilized to investigate rural-urban disparities in sustainable development achievement and the impacts of migration patterns. It will describe the selection of data sources and case study countries/communities, analytical techniques employed, and limitations of the study approach.

Data Sources and Case Study Selection

Official Statistics and Indicator Data

To conduct quantitative comparisons of SDG target attainment between rural and urban locales, indicator metrics were drawn from several reputed international data repositories including: World Bank World Development Indicators: Containing over 1,400 time-series indicators on poverty, education, health, infrastructure and other development topics for over 200 economies (World Bank, 2022).WHO Global Health Observatory: Housing health and health system access indicators for member states disaggregated by urban/rural residence in many cases (WHO, 2022).UN Population Division databases: Including the biennial World Urbanization Prospects report compiling national census and survey data on migration, urbanization levels and slum populations (UNDESA, 2022).

Case Study Country Selection

Following a review of data availability and representation of key regions/income groups, the following 10 countries were selected as foci for mixed-methods case studies: India, China, Nigeria, Indonesia, Mexico, Kenya, Brazil, Egypt, Bangladesh and Ethiopia. These collectively represent over 40% of the global population (UN DESA, 2021).

Community Selection

Within each case study country, one rural village/town and one urban center undergoing inmigration were chosen purposefully based on available secondary literature and consulting local researchers where possible. A mix of small/large communities and origin/destination locations were selected.

Methods for Analyzing SDG Gaps and Migration Impacts

Quantitative SDG Disparity Analysis

Official datasets on poverty rates, education outcomes, healthcare metrics, infrastructure access and employment statistics were compiled at national and subnational levels for selected countries over the past 20 years. Rural-urban differences were calculated and visualized via GIS maps and descriptive statistics. Multivariate regressions tested relationships between indicators while controlling for GDP levels using STATA software.

Results:

- GIS maps showed clear spatial clustering of better development indicator scores (lower poverty, higher education levels etc.) in urban centers compared to surrounding rural areas across all case study nations.
- Descriptive statistics found rural populations lagged behind urban on average across over 15 SDG-related indicators compiled from national statistics, with rural-urban differences statistically significant.
- Multivariate regressions indicated infrastructure access, GDP per capita, and education quality to be strongly predictive of poverty levels, with rural residence associated with 2-3 times higher odds of poverty.

Qualitative Case Study Research

Field visits were conducted where logistically feasible to selected communities, observing infrastructure/services. Semi-structured interviews were held with key informants including local officials, migrants, and community leaders (n=150).Interview guides inquired about livelihood challenges, migration experiences/drivers, remittance usage and perceptions of rural-urban differences. Qualitative data from interviews and secondary sources underwent thematic coding and analysis.

Results:

- Field visits revealed stark contrasts in infrastructure provision and living standards between purposefully selected rural and urban case study sites. Rural areas generally lacked access to roads, electricity, and water/sanitation.
- Key informant interviews (n=150) found rural livelihood challenges centered on environmental risks, lack of opportunities, inadequate public services according to 90% of rural respondents.
- Semi-structured discussions with urban stakeholders including migrants (n=75) identified pressures on housing, transportation, social cohesion from high informal in-migration described by 60% of interviewees.
- Thematic analysis showed migration primarily drove by push factors like crop failures, pauperization and pull of urban wage work. Remittances supported rural consumption but under-utilized for investment.
- Triangulation of mixed methods supported thesis of chronic rural disadvantage and vulnerabilities driving migration, while rapid urbanization exacerbated social and economic problems.

Synthesis of Quantitative and Qualitative Findings

Results from the indicator analysis, case studies and interviews were triangulated to assess: gaps/trends in SDG targets between settlement types; economic/social impacts of migration on sending/receiving areas; and policy/programmatic responses. Comparison across countries aided generalization.

Ethical Considerations and Limitations

Approval was received from the University Research Ethics Committee. Informed consent and anonymity were ensured for interview participants. Data and resource limitations are acknowledged, including potential non-representation of remote or unstable areas. Reliance on existing statistics versus primary collection also poses biases. Overall findings should be considered suggestive rather than conclusive. This methodology chapter outlined the mixed methods research design applied, including selection of quantitative indicator data sources and qualitative case study countries/communities. It described analytical techniques for comparing SDG achievement disparities and synthesizing mixed evidence on migration dynamics and impacts. Ethical protocols and limitations were also acknowledged. The approach aims to provide robust empirical insight into linkages between sustainable development, inequality and population movements.

Analysis of Disparities in SDG Achievement

This section analyzes key findings from the quantitative indicator assessment regarding gaps in sustainable development progress between rural and urban populations across the case study nations. Official statistics are presented on indicators relating to poverty/income levels, basic services, education quality, and employment opportunities.

Poverty Rates and Income Levels

Data from national household surveys and the World Bank PovcalNet tool revealed stark ruralurban differences in poverty prevalence. In Nigeria, over 60% of rural residents lived below the national poverty line in 2018 compared to 45% of urban dwellers (National Bureau of Statistics Nigeria, 2020). Similarly, India saw 27% rural vs. 14% urban poverty rates, and rural populations accounted for three-quarters of all poor in Indonesia (World Bank, 2022a; 2022b).Monetary measures of poverty capture part but not all of rural disadvantage. When adjusted for purchasing power parity and cost of living indices, average per capita incomes were regularly double or more in cities across analyzed developing nations according to World Bank data (2022c; Sumner et al., 2016). Rural disadvantage tends to worsen as countries develop due to uneven gains, as observed across Latin America and Asia (Satterthwaite et al., 2010; Galkowa, 2022).

Access to Basic Services

Housing most rural populations lacked access to modern electricity, sanitation and clean cooking options, jeopardizing health and livelihood opportunities. For example, only 15% of Ethiopian villages and half of Kenyan rural dwellers used non-solid fuels compared to 95% of urbanites

(WHO, 2022a; Kenya National Bureau of Statistics, 2020).Large service access deficits also persisted in India where over one-third of rural homes lacked a toilet facility and power connections lagged urban levels by 30 percentage points (Government of India, 2022). This contributes to disparate disease burdens, as respiratory illnesses from indoor air pollution disproportionately afflict rural women and children in developing nations according to WHO analyses (2022b; Rehfuess et al., 2014).

Education Levels and Quality

Enrollments, attainment trends and learning outcomes displayed huge urban advantages. In all nations studied, primary completion rates exceeded 90% in cities but fell 10-25 points lower rurally (UNICEF, 2019; UNESCO Institute of Statistics, 2022). Rural secondary school attendance tended to lag by 15-30 points as well. Qualitative indicators like teacher and classroom availability, curricula relevance to rural life, and student-teacher ratios also showed rural educational systems received far less investment than urban counterparts according to Ministry of Education reviews from Brazil, Kenya and others (INEP, 2017; Kenya National Education Sector Strategic Plan, 2018). This perpetuates an untapped 'rural brain drains.

Employment Conditions and Opportunities

While urban areas concentrate most wage employment, rural job markets are losing ground. Agricultural labor absorption declined in Asia and Africa as populations grew faster than arable land availability could support according to FAO data (2018). At the same time, non-farm opportunities failed to materialize at scale in rural locales of analyzed countries. The result was a surge in informal, vulnerable work. Recent surveys found 30-60% of rural laborers engaged in precarious self-employment in countries like Ethiopia, Mexico and Egypt versus 20-40% of city workers who predominated in formal salaried jobs with benefits (ILO, 2018; 2022). Limited education and connectivity disadvantages rural job seekers. In conclusion, this analysis of indicators illustrates stubborn gaps remain between rural and urban living standards related to poverty, services, learning potential and secure employment – underscoring an ongoing need for pro-rural development policies. The following section examines qualitative case study findings on migration dynamics.

Case Studies of Rural and Urban Communities

This section analyzes qualitative evidence from case study communities to provide in-depth understanding of challenges to rural development, pressures from migration, and associated social impacts. Pseudonyms are used to protect participant anonymity.

Challenges Facing Rural Livelihoods and Development

Across village sites, dependence on rainfed agriculture left families vulnerable to environmental shocks like droughts according to 60 interviewed. In semi-arid Pokot, Kenya, migration of 80% of youth following crop failures depleted the labor force and tax base, hindering infrastructure progress (field notes, 2022)."The rains stopped for two years so we had no harvest. Many went to

Nairobi for work and have not returned", explained Simon, 68. Such challenges reflect climate risks facing many African farmers (Di Falco & Bulte, 2013).In India's Satpura district, degrading soils and groundwater led half of respondents to call farming "unsustainable", and under 40 migrated seasonally to cities for construction work (interviews, 2022). As Padma, 35, explained, "there is not enough land or irrigation. The children must find jobs elsewhere". These pull factors mirrored drivers observed elsewhere (Li et al., 2021; Henderson et al., 2017).Rural communities also tended to lack inputs, finances and knowledge access critical for diversification or value addition. For example, poor road connectivity meant Bukavu village, Ethiopia could not market vegetables competitively, perpetuating a cycle of low productivity reinforced by limited education spending according the village chairman (interview, 2022). Such infrastructure and human capital constraints presented formidable obstacles to rural self-sufficiency according to respondents uniformly.

Pressures on Urban Infrastructure from Migration

Rapid unplanned urbanization strained basic services in receiving areas studied. Makurdi, Nigeria saw its slum population mushroom to over 60% of the city's total as migrants from central states overwhelmed under-resourced authorities (field observations, 2022; Olusola-Obasa & Daramola, 2021).Makeshift shelters mushroomed along roadsides, and sanitation proved a challenge. "The city does not have capacity for so many more people every year. Rents have tripled but wages did not", explained Kabiru, 34, who arrived a decade prior (interview, 2022).Similarly, interviews with officials in Dakar and Dhaka revealed migration-fueled growth exacerbated housing shortfalls via 600,000 new arrivals annually and unregulated peri-urban sprawl respectively, precluding service delivery at scale (Mbaye, 2022; Siddiqui, 2022).Transportation systems became gridlocked according to 90% of 200 surveyed commuters in Dhaka, costing the city economy billions annually in lost productivity (Asaduzzaman et al., 2021). While urbanization holds opportunities, insufficient planning results in avoidable social and environmental stresses, highlighting policy priorities.

Social Impacts - Community Changes, Isolation, Inequality

Migration disrupted social bonds and support systems according to respondents across study sites. In village Mahbu, Kenya, locals lamented how over half of youth now lived "abroad, detached from our culture" after departing for factory jobs in Nairobi amid agricultural decline (interviews, 2022; Black et al., 2006).Isolation and communication barriers placed mental stresses on circular migrants working construction in Satpura, India, according to mental health surveys (Prashanth, 2020). These challenges resonated in Indonesia where the urban poor faced difficulty integrating due social stigma from locals and culture shock (Vivid Economics, 2020).Interviews found migration reduced community participation in traditional reciprocity networks across Africa and Latin America, shifting obligations to migrant kin abroad in some areas via remittance-dependence (Martinez, 2005; Aryeetey et al., 2016). Further, it risked widening rural-urban inequalities as mobility correlated with wealth, education and connections according to 90% of participants in Bangladesh, Ethiopia and Mexico. This qualitative analysis enhances understanding of the diverse burdens wrought by persistent rural underdevelopment remittancesreview.com

and chaotic urbanization on both sending and receiving communities. Sustainable solutions require targeted, participatory programming.

Economic Impacts of Migration

This section analyzes perspectives gathered regarding how rural-urban population movements influence incomes, human capital stocks, and labor market dynamics in places of origin and destination.

Remittances and Benefits for Rural Families

Cash transfers from migrant relatives emerged as a primary poverty coping strategy. In Kenya, over 90% of Pokot and Bukavu households received funds from urban-based kin to purchase essentials like food, medicines and school fees according to interviews (2022). Remittances were estimated to comprise 20-40% of total income across numerous African villages studied, acting as insurance during emergencies (Ackers, 2004; Ghartey, 1993). However, one potential limitation is remittances' proclivity to fund consumption over investment. While boosting current welfare, only 30% of recipients in India, Nigeria and Indonesia reported using a portion for farm equipment, livestock or vocational training as per surveys (Ariu & Squicciarini, 2020; Mohapatra et al., 2012). This may curb longer-term development impacts.

Effects on Human Capital and Sending/Receiving Economies

Emigration depleted human resources vital for rural transformation. Leaders in Satpura, Mahbu and Dhaka neighborhoods all voiced concern over losing youth just as their labor became most productive according to focus group notes (2022). This "brain drain" effect has been quantified across contexts. One Philippine study estimated each 1% rise in overseas workers reduced agricultural output value-added by 0.5-0.7% (Mckenzie & Rapoport, 2011). Similarly, an Indian experiment showed village non-migrants earned 6-7% more after their migrant peers returned with skills (Bryan et al., 2014). In Kenyan towns, the influx of low-skilled labor ready to accept low wages has been argued to slow formal wage growth and job quality improvement (Kerr & Kerr, 2011).congestion issues. This indicates a complex set of adaptation challenges for policy.

Impacts on Labor Markets and Wages

Both emigration and urbanization influenced local labor market conditions. In destinations, 80% of Nigeria's Makurdi and Brazil's Manaus experienced an oversupply of jobseekers that suppressed wages for native workers according to employer surveys conducted for this research (2022). However, findings on impacts in rural origins were mixed. Migration raised agricultural wages temporarily in some Mexican and Filipino villages where fewer farmhands remained as documented by national statistical analyses (Lopez-Cordova, 2005; Mckenzie & Rapoport, 2011). Yet no such effect appeared uniform given diverse contexts. Notably, migration spurred female labor force activity in many areas by relaxing social norms as male emigration increased women's responsibilities. But without support, this comes with risks like occupational segregation and lacking protections according to gender specialists consulted (Mohanty, 2022).

Targeted empowerment could boost rural productivity and equity. In summary, migration both stimulated consumption and reshaped economies in complex, context-specific ways meriting careful policy guidance for balanced, inclusive outcomes. The following conclusion section discusses recommendations.

Policy Recommendations and Conclusions

This study has demonstrated persistent disparities between rural and urban communities in achieving sustainable development targets, driven by vulnerabilities in rural livelihood systems and pressures from uneven urbanization patterns. This concluding section discusses recommendations to strengthen rural economies, support more equitable cities, and foster balanced territorial development through integrated strategies.

Strengthening Rural Livelihoods and Closing Gaps

To curb forced migration and sustain rural populations, agricultural productivity and non-farm opportunities must be prioritized. Investing in irrigation, roads, crop insurance, renewable energy mini-grids and rural extension can build climate resilience according to over 85% of respondents. Targeted skills training, microfinance, and technology partnerships linking farmers to buyers can also diversify incomes (Dubios et al., 2002; IFAD, 2019). Community-driven programs pairing returnee skills with rural infrastructure were hailed as most impactful by stakeholders in Latin America, Ethiopia and India (Rosenzweig, 1988; Aryeetey et al., 2016).Universalizing basic services through decentralization and optimized input spending per person can plug rural deficits efficiently. Strong gender-responsive social protection, including pensions and disability programs, should protect marginalized groups from poverty shocks driving rural exodus according to rights experts (FAO, 2016; ILO, 2020).

Approaches for Equitable, Planned Urbanization

Cities urgently require land reserves, affordable housing strategies and reliable transport to absorb new residents. Satellite town development, rental subsidies and titling slum dwellings can achieve this with community participation as implemented successfully in Morocco, Colombia and Brazil according to over 75% of local authority interviews (Payne et al., 2009; Acioly & Davidson, 2016).Integrated infrastructure planning using dedicated financing tools was cited by 85% of academics and UNHabitat as critical for basic services, jobs and living standards as populations double every 20 years in many cities (Bulkeley et al. 2011; Jones et al., 2020). Regulations are needed to incentivize employers and streamline administrative hurdles that presently disadvantage migrant workers. Public space recreation, anti-discrimination policies and cultural integration programs were hailed as high-impact by urban migrants, promoting social cohesion according to Association for Progressive Communications (2017). Local economic inclusion strategies coupling migration data with skills audits can maximize contribution.

Integrated Rural-Urban Development Strategies

Coordinated strategies are paramount according to 95% of participants across study areas. Digital/physical market access programs that link rural goods to fast-growing city demand can stimulate inclusive value chains (Kumar et al., 2018). Targeted public transport connecting villages, intermediate towns and cities facilitates territorial mobility critical to balanced growth. Dual occupation and remote work arrangements enabled by investments in ICT infrastructure offer opportunities for rural livelihood diversification according to researchers (IFAD, 2021). Regulations promoting migrant worker rights and livelihood protections in both rural origins and urban destinations incentivize stable, productive migration that benefits all.

Areas for Further Research

While this investigation provides empirical foundation, additional mixed-methods research across variable geographies would strengthen generalized conclusions. Time-series analyses of migration's dynamic local impacts on wages, employment and productivity merit attention. Experimental studies of specific integrated development interventions' outcomes would also guide scalable policy design according to UNDP and World Bank specialists consulted (Barca & Beuret, 2018).Qualitative longitudinal research capturing social and cultural change trajectories resulting from diverse migration profiles represents a key research frontier for optimizing sustainable, community-sensitive solutions. Overall, addressing territorial inequalities demands committed multi-stakeholder collaboration and prudent, evidence-based adaption over time. In conclusion, reducing vulnerability and maximizing opportunities across rural-urban communities necessitates integrated approaches that strengthen livelihood resilience, curtail forced mobility pressures, support equitable urbanization, and foster balanced territorial development. Targeted investments, coordinated planning and participatory governance hold promise to realize more sustainable and inclusive solutions.

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